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Get the treatment on gal pal getaway

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By Jane Woodridge

Fairwinds Spa, Sebasco Harbor Resort, Sebasco Estates, Maine (www.sebasco.com): Beach roses, sea lavender, blueberries and cream . they incorporate the best of Maine into their treatments at this cheery, ultra-friendly resort spa, overlooking Casco Bay. (Thankfully, no lobster facials!) Wild beach rose hydrating cocoon, \$95.