

SEBASCO HARBOR RESORT

Fall Dining and Activity Schedule

DINING HOURS

Pilot House:	7:30 am—10:00 am	Breakfast
	5:30 pm—9:00 pm (Closed Sunday Nights)	Dinner
The Ledges:	11:30 am—10:00 pm	Pub Menu
Patio Café	2:00pm-8:00pm Friday	
	6:30am-8:00pm Saturday	
	6:30am-11:30am Sunday	

VENUE HOURS

Quarter Deck:	7:30 pm—10 pm Fri/Sat	Candlepin Bowling & Games
Pro Shop:	7:00 am—6:00 pm	Golf, Tennis, Canoes & more
Fairwinds Spa:	9:00 am—6:00 pm (Tues-Sun)	Massages & much more
Fitness Center:	7:00 am—10:00 pm	Aerobic and Weight Machines
Sea Chest Gift Shop	9:00am-4:00pm	

Seaspray Kayaking: Daily trips 1-4pm. Sign-up with the Concierge to reserve your spot on a 3 hour guided tour of Sebasco Harbor and it's wildlife.

Ruth Scenic Tours: Tuesdays, Thursday, Saturday, Sunday 10:30am to 12 noon.

Phippsburg Van Tour: Monday, Wednesday, Friday 10:00 am—12:00 noon. Join our local historian, Tom Cashman for an informative and historical tour of our Phippsburg Peninsula.

All Day Activities

Badminton ~ Volleyball ~ Lawn Bowling ~ Basketball ~ Croquet ~ Shuffle Board
~ Putting Green ~ Horseshoes ~ Disc Golf ~ Canoeing

MUSEUMS AND HISTORIC FORTS IN THE AREA

Phippsburg Historical Museum

Parker Head Rd, Phippsburg

1859 one-room school house portraying life in Phippsburg from days of Indians through World War II.

Maine Maritime Museum

243 Washington Street, Bath ~ Open Daily 9:30 - 5:00 PM

Founded in 1962, Maine Maritime Museum collects, preserves and interprets materials relating to the maritime history of Maine. Maine's maritime heritage is told through gallery exhibits, an historical shipyard, educational programs, and narrated excursions along the waterways to points of historical significance and natural beauty.

Joshua L. Chamberlain Museum

226 Maine Street, Brunswick ~ Tuesday - Saturday 10:00 AM - 4:00PM

The museum is the adult home of Joshua L. Chamberlain and his family. Chamberlain was the hero of Little Round Top at Gettysburg during the Civil War, Governor of Maine, and President of Bowdoin College. Guided tours explore Chamberlain's life, family and career.

Pejepscot Museum

159 Park Row, Brunswick ~ Tuesday - Friday 10:00 AM - 5:00 PM

Rotating exhibitions explore the history of Brunswick, Topsham and Harpswell. Research library with primary documents permit visitors to explore the history of the region and their own heritage.

Skolfield-Whittier House

161 Park Row, Brunswick ~ Thur - Sat Guided Tours at 11:00 AM & 2:00 PM

A time-capsule like home of three generations of a prominent Brunswick family with careers in seafaring, medicine and education. Among the former residents are Alfred Skolfield (a successful sea captain), Dr. Alice A.S. Whittier (Maine's first female pediatrician), and Dr. Frank Whittier (one of America's first forensic pathologists).

Fort Popham State Historic Site

Fort Popham, built during the Civil War in 1860 and never finished, is located two miles further down Route 209. The fort sits on the banks of the Kennebec River where it broadens into Atkins Bay, and offers views of Georgetown across the river.

Fort Baldwin

Fort Baldwin was constructed during the years from 1905 to 1912 on thirty-eight acres near the mouth of the Kennebec River near Phippsburg, Maine. Built in 1905-1912, Fort Baldwin was designed to defend the Eastern Coast from enemy ships in the Atlantic Ocean. The Fort was not designed for any type of defense from ground forces. As a result, there were no garrison quarters near the batteries as the occupants of the Fort actually lived down the hill near Atkins Bay.

Fort Edgecomb

Fort Edgecomb was built to protect Wiscasset, once the most important shipping center north of Boston. This octagonal 1808 blockhouse and restored fortifications overlook the Sheepscot River.

Boothbay Harbor Aquarium

Located in gorgeous West Boothbay, this aquarium is run by the Maine Department of Marine Resources. The aquarium is home to a variety of Maine animals, including a number of interesting lobsters, and numerous large touch tanks. A great place to see marine life specific to the state of Maine.

HIKING, BIRDING, AND LOCAL BEACHES

Hike Merritt Mountain

See the Concierge for directions up Sebasco's Mt. Merritt. This is not a difficult walk (about 20 minutes each way) but some climbing is required. On a clear day enjoy views to the North West of Mount Washington.

Birding at Sebasco

Sebasco Harbor Resort is located near several of Maine's best birding locations. To visit some of these locations, ask the Concierge for our birding brochure.

Phippsburg Land Trust Hikes

Center Pond Preserve: A variety of natural features are found on this 253 acre preserve, including vernal pools, high ledges, mixed woods, small streams, and a beaver pond.

Noble Hill Preserve: The land features mixed woodlands and several acres of open fields as well as more than a quarter mile of Kennebec River shoreline and interesting vernal pools.

Ridgewell Preserve: This 46 acre preserve offers access to lovely views of Seguin Island and the Atlantic.

Sprague Pond Preserve: This 114 acre preserve off Route 209 includes woods and a nearly 10 acre spring-fed pond which is deep and cold--a real hidden jewel.

Spirit Pond Preserve (State Land): The Phippsburg Land Trust acts as the steward of this preserve which lies along the north and west shores of Spirit Pond, a tidal pond near Popham Beach.

Hike the Bates-Morse Mountain Conservation Area

The area comprises some 600 acres, extending from Sprague to the Morse River and to the upland edge of Seawall Beach. See the concierge for directions and more info.

Totman Cove

An undeveloped beach which is reached by road, or by parking in the first lot and taking a short trail (somewhat rugged) to the west end of the beach. The North Creek Trail, a one mile loop along the serene creek, begins at the east end of the beach near the parking area. Birdlife, wild mushrooms and other flora abound in this preserve. Please see concierge for a pass for your vehicle.

Popham Beach State Park

Bordering the south side of the mouth of the Kennebec River, Popham Beach State Park is truly one of Maine's rare geologic landforms that features a long stretch of sand beach. Sunbathers relaxing on Popham's sands can see Fox and Wood islands offshore, and the Kennebec and Morse rivers border each end of the beach. Visitors can walk to Fox Island at low tide, but are warned to pay attention to the rising tides not to get marooned.

Head Beach

Located in Small Point, a short drive down 209/216, this beach is a quiet, relaxing getaway. Enjoy looking for sea glass, shells, and interesting items that may wash up as Small Point is at the very end of the Phippsburg Peninsula.

Reid State Park

Reid State Park bears the distinct honor as being Maine's first State-owned Saltwater Beach. In 1946, prosperous businessman and Georgetown resident Walter E. Reid donated land to the State of Maine to be preserved forever, and a few years later Reid State Park became a reality.

Coastal Maine Botanical Gardens

Located in Boothbay, a beautiful drive up the coast, the botanical gardens are a must-see for any horticulturist. Home of stunning and interesting gardens, as well as 250 acres of hiking trails and untouched wilderness. More information can be found at the Front Desk.

SEBASCO VENUES AND ACTIVITIES

THE PILOT HOUSE

Enjoy the freshest of local ingredients and creative seasonal menus while viewing the spectacular sunsets over Casco Bay. We strongly encourage that guests who plan to join us for dinner please call Ext. 5070 for reservations.

THE LEDGES

The Ledges is the perfect location for casual dining with a view. Enjoy the refreshing sea breezes and watch the boats in the harbor while dining on traditional Maine fare like steamed lobster, fried seafood, char grilled burgers, or a bowl of chowder on our harbor side patio. Your entire family will be able to relax in this friendly environment. Ledges does not take reservations, but can be reached by dialing Ext. 5113

SEA CHEST GIFT SHOP

Visit the Sea Chest Gift Shop for Maine-made treasures, sea glass jewelry, logo wear, books, sundries, pirate gear and much more. Ext. 5069.

PRO SHOP AND GOLF COURSE

The Pro Shop sells golf apparel and equipment, daily newspapers, soft drinks, beer, wine, and a light lunch. Ice is also available. You may rent golf clubs; pull carts, and motorized carts. Call the Pro Shop at Ext. 5700 for tee times and additional information. Other activities that can be accessed from the pro shop include the following:

Badminton ~ Volleyball ~ Lawn Bowling ~ Basketball ~ Croquet ~ Shuffle Board ~ Putting Green ~
Horseshoes ~ Disc Golf ~ Canoeing

QUARTERDECK

The Quarterdeck has been a Sebasco tradition for generations. Just stepping through the door takes you back to a time when life was simple. For many years, this has been a place to reconnect with family and friends at the end of a busy day at Sebasco. Bowl a couple of strings on one of our vintage candlepin lanes. We even have bowling shoes (optional, of course). Have a family ping pong tournament. Cue up some oldies on the juke box and play some pool, air hockey, foosball or basketball; there's something for everyone. Open Friday and Saturday nights. Open Sunday-Thursday by request through the front desk.

FITNESS CENTER

Our fitness center includes an array of aerobic machines, free weights, and a weight machine. A dry sauna, locker rooms, and showers are also available in the fitness center.

FAIRWINDS SPA

Serene yet spectacular describes the Fairwinds Spa setting, on the outskirts of the resort village and situated at the edge of the ocean. Luxuriate in spa experiences that include a complete massage menu, hot stone therapy, facials, and rejuvenating soaking treatments. Ext. 5100.