

**SEBASCO VENUES AND ACTIVITIES**

**THE PILOT HOUSE**

Enjoy the freshest of local ingredients and creative daily specials while viewing the spectacular sunsets over Casco Bay. We ask that guests who plan to join us for dinner please call the Concierge at Ext. 5070 for reservations or the Pilot House directly at Ext. 5111.

**THE LEDGES**

The Ledges is the perfect location for casual dining with a view. Enjoy the refreshing sea breezes and watch the boats in the harbor while dining on traditional Maine fare like steamed lobster, fried seafood, char grilled burgers, or a bowl of chowder on our harbor side patio. Your entire family will be able to relax in this friendly environment. Ledges does not take reservations, but can be reached by dialing Ext. 5113.

**SEA CHEST GIFT SHOP**

Visit the Sea Chest Gift Shop for Maine-made treasures, sea glass jewelry, logo wear, books, sundries, pirate gear and much more. Ext. 5069. Opening June 1st.

**PRO SHOP AND GOLF COURSE**

The Pro Shop sells golf apparel and equipment, daily newspapers, soft drinks, beer, wine, and a light lunch. Ice is also available. You may rent golf clubs, pull carts, and motorized carts. Call the Pro Shop at Ext. 5700 for tee times and additional information. Other activities that can be accessed from the pro shop include the following:

- ~Badminton ~ Volleyball ~ Basketball ~ Lawn Bowling ~ Croquet ~ Shuffle Board ~ Putting Green ~ Horseshoes ~
- ~ Canoeing ~

**QUARTERDECK**

The Quarterdeck has been a Sebasco tradition for generations. Just stepping through the door takes you back to a time when life was simple. For many years, this has been a place to reconnect with family and friends at the end of a busy day at Sebasco. Bowl a couple of strings on one of our vintage candlepin lanes. We even have bowling shoes (optional, of course). Have a family ping pong tournament. Cue up some oldies on the juke box and play some Pool, air hockey, foosball or basketball; there's something for everyone.

**FITNESS CENTER**

Our fitness center includes an array of aerobic machines, free weights, and a weight machine. A dry sauna, locker rooms, and showers are also available in the fitness center.

**FAIRWINDS SPA**

Serene yet spectacular describes the Fairwinds Spa setting, on the outskirts of the resort village and situated at the edge of the ocean. Luxuriate in spa experiences that include a complete massage menu, hot stone therapy, facials, and rejuvenating soaking treatments. Ext. 5100.



# SEBASCO HARBOR RESORT

## Fall Dining and Activity Schedule



**DINING HOURS**

|              |  |                      |
|--------------|--|----------------------|
| Pilot House: | 7:00 am—10:00 am   | Breakfast            |
|              | 5:30 pm—8:30 pm  | Dinner               |
| The Ledges:  | 11:30 am—10:00 pm  | Pub Menu & Cocktails |
|              | Thur-Sat Full menu until 9:00pm; Cocktails until close ~ Sun—Wed Meals until 5:30; Cocktails until close |                      |
| Patio Café:  | Closed for the season  |                      |
|              | Coffee available at the Front Lobby  |                      |

**VENUE HOURS**

|                     |                                |                               |
|---------------------|--------------------------------|-------------------------------|
| Quarter Deck:       | 7:30 pm—10:00 pm Weekends only | Candle Pin Bowling & Games    |
| Pool                | 9:00 am—7:00pm                 | Salt Water, Heated by the Sun |
|                     | Closing Oct. 4th               |                               |
| Pro Shop:           | 8:00 am—6:00 pm                | Golf, Tennis, Canoes & more   |
| Fairwinds Spa:      | 10:00 am—6:00 pm Thur-Monday   | Massages & much more          |
|                     | Closed Tuesday & Wednesday     |                               |
| Fitness Center:     | 7:00 am—10:00 pm               | Aerobic and Weight Machines   |
| Sea Chest Gift Shop | 9:00am—4:00pm                  | Sundries & Gifts              |

**TOURS ON LAND & WATER**

**10:30-Noon                      Scenic Tours on The Ruth                      Tuesday, Thursday, Saturday, Sunday**

The *RUTH* will cruise the rugged, rock-bound coast and along the way we often see a wide array of marine life and birds, including bald eagles, osprey and harbor seals. Resort guests: \$15/adults; \$8/children (3-12); Others: \$20/adult; \$12/children (3-12)

**10:00—Noon                      Scenic Van Tour of Phippsburg                      Monday, Wednesday, and Friday**

Join a local historian for a historic tour of Phippsburg. Enjoy the sights and scents of the wood lands along winding roads that once were Indian trails by the rivers and the sea. Diversity distinguishes the character of the ten villages around the peninsula's perimeter—seaside fishing settlements nestled on steep ledges, resorts along broad beaches, river and countryside communities. Sign up at the Front Desk. Free for Resort Guests, Golf & Cottager Club members. All others, please see the Concierge for more information.





## HIKING, BIRDING, AND LOCAL BEACHES



### **HIKE MERRITT MOUNTAIN**

See the Concierge for directions up Sebasco's Mt. Merritt. This is not a difficult walk (about 20 minutes each way) but some climbing is required. On a clear day enjoy views to the North West of Mount Washington.

### **HIKING PHIPPSBURG'S HIDDEN TREASURES — PHIPPSBURG LAND TRUST**

**Center Pond Preserve:** A variety of natural features are found on this 253 acre preserve, including vernal pools, high ledges, mixed woods, small streams, and a beaver pond.

**Noble Hill Preserve:** The land features mixed woodlands and several acres of open fields as well as more than a quarter mile of Kennebec River shoreline and interesting vernal pools which abound with life in the spring.

**Ridgewell Preserve:** This 46 acre preserve offers access to some very lovely views of Seguin Island and the Atlantic.

**Sprague Pond Preserve:** This 114 acre preserve off Route 209 includes lovely woods and a nearly 10 acre spring-fed pond which is deep and cold—a real hidden jewel.

**Spirit Pond Preserve (State Land):** The Phippsburg Land Trust acts as the steward of this preserve which lies along the north and west shores of Spirit Pond, a tidal pond near Popham Beach.

### **DISCOVER THE LOWER KENNEBEC REGIONAL LAND TRUST**

Within a half hour scenic drive find yourself in some of the most beautiful natural settings mid-coast Maine has to offer. See the concierge for a brochure.

### **HIKE THE BATES-MORSE MOUNTAIN CONSERVATION AREA**

The area comprises some 600 acres, extending from Sprague to the Morse River and to the upland edge of Seawall Beach. See the concierge for directions and more info.

### **BIRDING AT SEBASCO**

Sebasco Harbor Resort is located near several of Maine's best birding locations. To visit some of these locations, ask the Concierge for our birding brochure.

### **TOTMAN COVE**

The jewel of the preserve is an undeveloped beach which is reached by road, or by parking in the first lot and taking a short trail (somewhat rugged) to the west end of the beach. The North Creek Trail, a one mile loop along the serene creek, begins at the east end of the beach near the parking area. Birdlife, wild mushrooms and other flora abound in this preserve. Please see concierge for a pass for your vehicle.

### **POPHAM BEACH STATE PARK**

Bordering the south side of the mouth of the Kennebec River, Popham Beach State Park is truly one of Maine's rare geologic landforms that features a long stretch of sand beach. Sunbathers relaxing on Popham's sands can see Fox and Wood islands offshore, and the Kennebec and Morse rivers border each end of the beach. Visitors can walk to Fox Island at low tide, but are warned to pay attention to the rising tides not to get marooned.

### **REID STATE PARK**

Reid State Park bears the distinct honor as being Maine's first State-owned Saltwater Beach. In 1946, prosperous businessman and Georgetown resident Walter E. Reid donated land to the State of Maine to be preserved forever, and a few years later Reid State Park became a reality.

## MUSEUMS AND HISTORIC FORTS IN THE AREA

### **Phippsburg Historical Museum**

Parker Head Rd, Phippsburg

1859 one-room school house portraying life in Phippsburg from days of Indians through World War II.

### **Maine Maritime Museum**

243 Washington Street, Bath ~ Open Daily 9:30 - 5:00 pm

Founded in 1962, Maine Maritime Museum collects, preserves and interprets materials relating to the maritime history of Maine. Maine's maritime heritage is told through gallery exhibits, an historical shipyard, educational programs, and narrated excursions along the waterways to points of historical significance and natural beauty.

### **Joshua L. Chamberlain Museum**

226 Maine Street, Brunswick ~ Tuesday - Saturday 10:00 AM - 4:00 PM ~ Open May 26 - October 27, 2007

The museum is the adult home of Joshua L. Chamberlain and his family. Chamberlain was the hero of Little Round Top at Gettysburg during the Civil War, Governor of Maine, and President of Bowdoin College. Guided tours explore Chamberlain's life, family and career.

### **Pejepscot Museum**

159 Park Row, Brunswick ~ Tuesday - Friday 10:00 AM - 5:00 PM ~ Free Admission ~ Open All Year

Rotating exhibitions explore the history of Brunswick, Topsham and Harpswell. Research library with primary documents permit visitors to explore the history of the region and their own heritage.

### **Skolfield-Whittier House**

161 Park Row, Brunswick ~ Thur - Sat Guided Tours at 11:00 AM & 2:00 PM ~ Open May 26 - October 27, 2007

A time-capsule like home of three generations of a prominent Brunswick family with careers in seafaring, medicine and education. Among the former residents are Alfred Skolfield (a successful sea captain), Dr. Alice A.S. Whittier (Maine's first female pediatrician), and Dr. Frank Whittier (one of America's first forensic pathologists).

### **Fort Popham State Historic Site ~ Phippsburg**

Fort Popham, built during the Civil War in 1860 and never finished, is located two miles further down Route 209. The fort sits on the banks of the Kennebec River where it broadens into Atkins Bay, and offers views of Georgetown across the river.

### **Fort Baldwin ~ Phippsburg**

Fort Baldwin was constructed during the years from 1905 to 1912 on thirty-eight acres near the mouth of the Kennebec River near Phippsburg, Maine. Built in 1905-1912, Ford Baldwin was designed to defend the Eastern Coast from enemy ships in the Atlantic Ocean. The Fort was not designed for any type of defense from ground forces. As a result, there were no garrison quarters near the batteries as the occupants of the Fort actually lived down the hill near Atkins Bay.

### **Fort Edgecomb ~ North Edgecomb**

Fort Edgecomb was built to protect Wiscasset, once the most important shipping center north of Boston. This octagonal 1808 blockhouse and restored fortifications overlook the Sheepscot River. The blockhouse is of hewn log construction. Sitting on the site's highest point, the blockhouse's watch tower, musket ports and rectangular openings on eight sides provided ample means to view and protect every water and land approach.