

SUNDAY, AUGUST 16



DINING

Breakfast:	7:00 am–10:00 am	Pilot House	Coffee:	6:30 am–9:00 pm	Patio Cafe
Lunch:	11:30 am–5:00 pm	The Ledges		6:30 am–7:00 pm	Pro Shop
	11:30 am–2:00 pm	Pro Shop	Ice Cream:	6:30 am–9:00 pm	Patio Café
Dinner:	5:00 pm–10:00 pm	The Ledges	Cocktails:	11:30 am–close	The Ledges
	5:30 pm–9:00 pm	Pilot House			

8:00-10:00 AM BLUEBERRY PANCAKE BREAKFAST Join us on the Pool Lawn for a delicious Maine breakfast including our famous blueberry pancakes. Reservations are not necessary. In the case of rain, breakfast will be served in the Pilot House. Everyone is welcome. This meal is an option for guests on the MAP plan.

10:00AM KAYAK ROLLING CLASS- Located in the pool. Contact the Concierge for more information and prices. Advance reservations are required.

10:30-NOON RUTH TRIP-SCENIC Sebasco is fortunate to be located amid four of Maine's prettiest fishing villages. The *RUTH* will cruise the rugged, rock-bound coast along Cundy's Harbor, West Point, Sebasco and Small Point. Along the way, we often see a wide array of marine life and birds, including bald eagles, osprey and harbor seals. You will be fascinated by tales of maritime history, sunken ships and more. Bring your cameras! Everyone is welcome. Sign up at the Dock.

1:00-4:00 PM KAYAK EXCURSION with Seaspray Kayaking Join a Maine Guide for a 3 hour sea kayak tour around scenic Maine islands. No experience is necessary and all are welcome. Call or visit the Concierge for more information and prices. Advance reservations are required.

1:00 PM GOLF CLINIC Visit the Pro Shop for more information. Ext. 5700

5:00-6:00 PM WELCOME RECEPTION Join the Smith family in the Great Room of the Main Lodge and meet some of our management staff as well as your fellow guests. Complimentary hors d'oeuvres and cocktails served. For Resort guests only.

6:00-9:00 PM GRAND BUFFET—in the Cornelius Room Join us for our famous Grand Buffet. Enjoy a sumptuous Maine buffet, laden with culinary delights that feature only the freshest ingredients. (This is a meal option for guests on the MAP plan.) **Please make reservations** with the Concierge.

7:30–10:00 PM QUARTERDECK RECREATION CENTER The Quarterdeck Recreation Center is an experience like stepping back into another time. Bowl a couple of strings on one of our vintage candlepin lanes. Challenge someone to a game of ping pong, foosball, air hockey, or pool. Play a video game and cue up some oldies on the juke box. This is a memorable experience not to be missed!

MONDAY, AUGUST 17



DINING

Breakfast:	7:00 am–10:00 am	Pilot House	Coffee:	6:30 am–9:00 pm	Patio Cafe
Lunch:	11:30 am–5:00 pm	The Ledges		6:30 am–7:00 pm	Pro Shop
	11:30 am–2:00 pm	Pro Shop	Ice Cream:	6:30 am–9:00 pm	Patio Café
Dinner:	5:00 pm–10:00 pm	The Ledges	Cocktails:	11:30 am–close	The Ledges
	5:30 pm–9:00 pm	Pilot House			

7:30 AM YOGA FOR EVERYONE Start your day with an all-ability level yoga class taught by a professional yoga instructor. Wear comfortable clothes and meet in front of the Front Desk. Space is limited-sign up at the Front Desk.

9:00AM -Noon KAYAK EXCURSION with Seaspray Kayaking Join a Maine Guide for a 3 hour sea kayak tour around scenic Maine islands. No experience is necessary and all are welcome. Call or visit the Concierge for more information. Advance reservations are required.

9:30-10:30 AM RUTH TRIP-PIRATE EXCURSION Visit or call the dock house for more information. Ext. 5088

10:00–NOON SCENIC VAN TOUR OF PHIPPSBURG Sign up with the Concierge. All are welcome. This tour is geared towards ages over 14.

Noon–2:00 PM RUTH TRIP–SCENIC LUNCH CRUISE Join us for a cruise up the New Meadows River to Cundy’s Harbor. The *RUTH* will dock for one hour and passengers will be able to purchase a delicious seafood lunch at Holbrook’s and stroll around this scenic fishing community. If the tide is right you might catch sight of some seals sleeping off their lunches on the ledges nearby. Everyone is welcome.

1:00-4:00 PM KAYAK EXCURSION with Seaspray Kayaking Join a Maine Guide for a 3 hour sea kayak tour around scenic Maine islands. No experience is necessary and all are welcome. Call or visit the Concierge for more information. Advance reservations are required.

2:00 PM SCALES AND TALES–Amazing Reptiles! The Chewonki Foundation presents this traveling nature program. Using live, non-releasable reptiles, this program introduces four of the five major groups of reptiles and compares their adaptations for survival. This hands-on program allows children to examine snake skins, turtle shells, skeletons and other reptile artifacts. Located in the Village Green Gazebo. Free.

3:00 PM MEMBER/GUEST GOLF SCRAMBLE Visit the Pro Shop for more information.

Evening RUTH TRIP- SUNSET CRUISE Visit the Dock House for more information. Ext. 5088.

7:00-9:00 PM BINGO Fun for the whole family, join us in The Clipper for a famous Sebasco tradition. 50 ¢ a card.

7:30–10:00 PM QUARTERDECK RECREATION CENTER

TUESDAY, AUGUST 18

DINING

Breakfast:	7:00 am–10:00 am	Pilot House	Coffee:	6:30 am–9:00 pm	Patio Cafe
Lunch:	11:30 am–5:00 pm	The Ledges		6:30 am–7:00 pm	Pro Shop
	11:30 am–2:00 pm	Pro Shop	Ice Cream:	6:30 am–9:00 pm	Patio Café
Dinner:	5:00 pm–10:00 pm	The Ledges	Cocktails:	11:30 am–close	The Ledges
	5:30 pm–9:00 pm	Pilot House	Lobsterbake:	6:00 pm	

7:30 AM GUIDED FITNESS WALK Led by Sebasco staff, this one hour walk takes guests to The Bumper and back. Be sure to wear comfortable clothes and sneakers. Meet at the Front Desk.

9:00AM -Noon KAYAK EXCURSION with Seaspray Kayaking Join a Maine Guide for a 3 hour sea kayak tour around scenic Maine islands. No experience is necessary and all are welcome. Call or visit the Concierge for more information. Advance reservations required.

10:00 AM YOUTH GOLF CLINIC Join Camp Merritt for a clinic to learn the fundamentals of golf. Meet at the Pro Shop. Free for resort guests.



11:00 AM COOKING CLASS- Join the resort's Chef in the Cornelius Room for a cooking class. Each week is a new demonstration. Please sign up with the Concierge.

1:00-4:00 PM KAYAK EXCURSION with Seaspray Kayaking Call or visit the Concierge for more information. Advance reservations are required.

2:00 PM LET'S MAKE ICE CREAM Join Camp Merritt on the White House lawn (across from the Front Desk). Help crank homemade ice cream and then enjoy the fruits of your labor! YUM!

2:00-4:30 PM MORSE MOUNTAIN HIKE Free to resort guests. Space is limited so sign up at the Front Desk. Mild hiking difficulty.

4:00 PM FAMILY GOLF -LAKE COURSE Contact the Pro Shop for more information.

5:30 PM EXPLORING SEA LIFE Prior to the Lobsterbake, we are joined by a naturalist on the Pool Lawn. Touch tanks and lots of area sea life available to see and handle. Free.

6:00 PM LOBSTERBAKE AND CONTRA DANCE On the Pool Lawn. Everyone is welcome. Music and dance instruction are provided by T-Acadie, New England's best contra dance band. Fun for the whole family. (This is a meal option for guests on the MAP plan. **Reservations are necessary and may be made with the Concierge.** EP guests are always welcome and should make reservations with the Concierge. The price is \$44.95 and does not include tax and gratuity).

7:30–10:00 PM QUARTERDECK RECREATION CENTER

WEDNESDAY, AUGUST 19

DINING

Breakfast:	7:00 am–10:00 am	Pilot House	Coffee:	6:30 am–9:00 pm	Patio Cafe
Lunch:	11:30 am–5:00 pm	The Ledges		6:30 am–7:00 pm	Pro Shop
	11:30 am–2:00 pm	Pro Shop	Ice Cream:	6:30 am–9:00 pm	Patio Café
Dinner:	5:00 pm–10:00 pm	The Ledges	Cocktails:	11:30 am–close	The Ledges
	5:30 pm–9:00 pm	Pilot House			

7:30 AM YOGA FOR EVERYONE Start your day with an all-ability level yoga class taught by a professional yoga instructor. Wear comfortable clothes and meet in front of the Front Desk. Space is limited-sign up at the Front Desk.

9:00-NOON PARENT/CHILD KAYAK INTRODUCTION Join Seaspray kayaking in the pool for an introductory lesson on paddling and handling kayaks. Advance reservations are required

10:00 AM EXPLORING WITH OUR NATURALIST Camp Merritt is joined by a naturalist for an hour of exploring this beautiful area. Everyone is welcome. Meet at Camp Merritt.



10:00–NOON SCENIC VAN TOUR OF PHIPPSBURG Sign up with the Concierge.

10:30- NOON RUTH TRIP–SCENIC Sebasco is fortunate to be located amid four of Maine’s prettiest fishing villages. The *RUTH* will cruise the rugged, rock-bound coast along Cundy’s Harbor, West Point, Sebasco and Small Point. Along the way, we often see a wide array of marine life and birds, including bald eagles, osprey and harbor seals. You will be fascinated by tales of maritime history, sunken ships and more. Bring your cameras! Everyone is welcome. Sign up at the Dock Ext. 5088

1:00-4:00 PM KAYAK EXCURSION with Seaspray Kayaking Contact or visit the Concierge to sign up. Ext. 5070. Advance reservations required.

1:30-3:00 PM RUTH TRIP-SCENIC Contact or visit the Dock for more information. Ext. 5088

2:00 THE BUGMOBILE The Chewonki Foundation presents this traveling outreach program. Using live insects, Chewonki helps us to learn about the difference between insects and bugs and overcome any fears of creepy crawlies you may have. Located in the Village Green Gazebo and free. A resort favorite!

3:30-4:30 PM AFTERNOON TEA Join us in the Great Room of the Main Lodge for a relaxing cup of tea and conversation. All are welcome. Free.

3:30-5:00 PM MAKE YOUR OWN TIE-DYE For guests of all ages. Make a lasting memory of your Sebasco vacation! Meet on the lawn of the White House (across from the Front Desk). \$12 per shirt.

7:30-8:30 PM FAMILY CAMFIRE AND SING-A-LONG Come sit by the fire, make smores, and sing along with our entertainer. Everyone is welcome. Fun for the whole family. Free. Meet at the Pinecrest Gazebo.

7:30–10:00 PM QUARTERDECK RECREATION CENTER



THURSDAY, AUGUST 20

DINING

Breakfast:	7:00 am–10:00 am	Pilot House	Coffee:	6:30 am–9:00 pm	Patio Cafe
Lunch:	11:30 am–5:00 pm	The Ledges		6:30 am–7:00 pm	Pro Shop
	11:30 am–2:00 pm	Pro Shop	Ice Cream:	6:30 am–9:00 pm	Patio Café
Dinner:	5:00 pm–10:00 pm	The Ledges	Cocktails:	11:30 am–close	The Ledges
	5:30 pm–9:00 pm	Pilot House			

7:30 AM GUIDED FITNESS WALK Led by Sebasco staff, this one hour walk takes guests to The Bumper. Be sure to wear comfortable clothes and sneakers. Meet at the Front Desk.

9:00AM -Noon KAYAK EXCURSION with Seaspray Kayaking Call or visit the Concierge for more information. Advance reservations are required.

10:30 AM THE GREAT SEBASCO SCAVENGER HUNT Meet Camp Merritt at the Village Green Gazebo. Join in a scavenger hunt around the resort that's fun for the whole family!

10:00-11:00 AM RUTH TRIP-PIRATE TREASURE HUNT Children of all ages love the thrill of helping Sebasco's resident pirate, Captain Cornelia, search the waters of Casco Bay for her lost treasure. Please sign up at the dock. Everyone is welcome.

1:00-4:00 PM KAYAK EXCURSION with Seaspray Kayaking Join a Maine Guide for a 3 hour sea kayak tour around scenic Maine islands. No experience is necessary and all are welcome. Call or visit the Concierge for more information. Advance reservations are required.

1:30-3:00 RUTH TRIP—SCENIC Everyone is welcome. Sign up at the Dock.

2:00-4:30 PM MORSE MOUNTAIN HIKE Morse Mountain is a local sight that cannot be beat. Free to resort guests. Space is limited so sign up at the Front Desk. Mild hiking difficulty.

2:00 PM LIGHTHOUSE KEEPER'S SOFTBALL GAME Meet at the Pro Shop for an hour of softball. All are welcome.

3:30 PM WINE TASTING All palates welcome whether a connoisseur or amateur. Learn more about, and taste, the wines served in The Pilot House and Ledges. Free for resort guests. Must be over 21 years of age. Please sign up at the Front Desk. Tasting is located in the Chart Room.

4:00 PM FAMILY GOLF-9 HOLE COURSE Introduce your children to a game you love and spend some quality family time together. Sign up at the Pro Shop.

6:30-8:30 PM WINE PAIRING DINNER Located in the Pilot House. Sign up with the Concierge.

6:30-9:00 PM TEEN TIME IN THE CLIPPER Just for ages 11 and up, Teen Time is a fun filled night of pizza and video games. Come play video games with other kids of the same age. Lots of fun and no parents allowed! Please sign up with the Concierge.

6:30-9:00 PM ROCK AND BOWL This event, supervised by our Camp Merritt staff, includes pizza, music, bowling, twister, limbo, and lots of games, located in the Quarterdeck. This event is complimentary and is for Camp Merritt aged children, 5-10 years old. Please sign up with the Concierge.

9:00–10:00 PM QUARTERDECK RECREATION CENTER



FRIDAY, AUGUST 21

DINING

Breakfast:	7:00 am–10:00 am	Pilot House	Coffee:	6:30 am–9:00 pm	Patio Cafe
Lunch:	11:30 am–5:00 pm	The Ledges		6:30 am–7:00 pm	Pro Shop
	11:30 am–2:00 pm	Pro Shop	Ice Cream:	6:30 am–9:00 pm	Patio Café
Dinner:	5:00 pm–10:00 pm	The Ledges	Cocktails:	11:30 am–close	The Ledges
	5:30 pm–9:00 pm	Pilot House	Lobsterbake:	6:00	Pool Lawn

7:30 AM YOGA FOR EVERYONE Start your day with an all-ability level yoga class taught by a professional yoga instructor. Located in The Main Deck, this event is free. Wear comfortable clothes. Space is limited- Sign up at the Front Desk.

9:00–10:30 AM RUTH TRIP–SCENIC

9:00AM -Noon KAYAK EXCURSION with Seaspray Kayaking Call or visit the Concierge for more information. Advance reservations are required.

10:00 AM SCENIC VAN TOUR OF PHIPPSBURG Sign up with the Concierge. All are welcome. This tour is geared towards ages over 14.

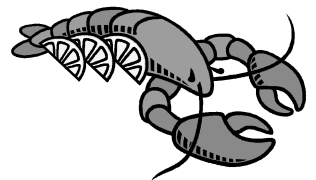
Noon–2:00 PM RUTH TRIP–SCENIC LUNCH CRUISE Join us for a cruise up the New Meadows River to Cundy’s Harbor. The *RUTH* will dock for one hour and passengers will be able to purchase a delicious seafood lunch at Holbrook’s and stroll around this scenic fishing community. If the tide is right you might catch sight of some seals sleeping off their lunches on the ledges nearby. Everyone is welcome.

1:00-4:00 PM KAYAK EXCURSION with Seaspray Kayaking Join a Maine Guide for a 3 hour sea kayak tour around scenic Maine islands. No experience is necessary and all are welcome. Call or visit the Concierge for more information. Advance reservations are required.

2:00 PM BIRDS OF PREY- New England’s Majestic Raptors The Chewonki Foundation presents this traveling natural history program. Children will have an opportunity to see three of Chewonki’s live, non-releasable raptors. Usually in the Village Green Gazebo.

5:30 PM EXPLORING SEA LIFE Prior to the Lobsterbake, we are joined by a naturalist on the Pool Lawn. Touch tanks and lots of area sea life available to see and handle. Free.

6:00 PM LOBSTERBAKE AND CONTRA DANCE On the Pool Lawn. Everyone is welcome. Music and dance instruction are provided by **T-Acadie**, New England’s best contra dance band. Fun for the whole family. (This is a meal option for guests on the MAP plan. **Reservations are necessary and may be made with the Concierge.** EP guests are always welcome and should make reservations with the Concierge. The price is \$44.95 and does not include tax and gratuity).



7:30–10:00 PM QUARTERDECK RECREATION CENTER

SATURDAY, AUGUST 22

DINING

Breakfast:	7:00 am–10:00 am	Pilot House	Coffee:	6:30 am–9:00 pm	Patio Cafe
Lunch:	11:30 am–5:00 pm	The Ledges		6:30 am–7:00 pm	Pro Shop
	11:30 am–2:00 pm	Pro Shop	Ice Cream:	6:30 am–9:00 pm	Patio Café
Dinner:	5:00 pm–10:00 pm	The Ledges	Cocktails:	11:30 am–close	The Ledges
	5:30 pm–9:00 pm	Pilot House			

7:30 AM GUIDED FITNESS WALK Led by Sebasco staff, this one hour walk takes guests to The Bumper. Be sure to wear comfortable clothes and sneakers. Meet at the Front Desk.

9:00AM -Noon KAYAK EXCURSION with Seaspray Kayaking Call or visit the Concierge for more information. Advance reservations are required.

10:00-NOON MAKE YOUR OWN TIE-DYE For guests of all ages. Make a lasting memory of your Sebasco vacation! Meet on the lawn of the White House (across from the Front Desk). \$12 a shirt.

10:30-NOON RUTH TRIP—SCENIC Sebasco is fortunate to be located amid four of Maine’s prettiest fishing villages. The *RUTH* will cruise the rugged, rock-bound coast along Cundy’s Harbor, West Point, Sebasco and Small Point. Along the way, we often see a wide array of marine life and birds, including bald eagles, osprey and harbor seals. You will be fascinated by tales of maritime history, sunken ships and more. Bring your cameras! Everyone is welcome. Sign up at the Dock.

1:00-4:00 PM KAYAK EXCURSION with Seaspray Kayaking Join a Maine Guide for a 3 hour sea kayak tour around scenic Maine islands. No experience is necessary and all are welcome. Call or visit the Concierge for more information. Advance reservations are required.

1:30 PM LET’S MAKE ICE CREAM Join Camp Merritt on the White House lawn (across from the Front Desk). Help crank homemade ice cream and then enjoy the fruits of your labor! YUM!

7:30-8:30 PM FAMILY CAMPFIRE AND SING-A-LONG Come sit by the fire, make smores, and sing along with our fantastic entertainer. Everyone is welcome. Fun for the whole family. Free. Located at the Pinecrest Gazebo, adjacent to the playground.

6:30 PM SUNSET KAYAK with Seaspray Kayaking Call or visit the Concierge for more information. Ext. 5070

Time Varies RUTH TRIP-SUNSET Contact the Dock House for more information. Ext. 5088

7:30–10:00 PM QUARTERDECK RECREATION CENTER The Quarterdeck Recreation Center is an experience like stepping back into another time. Bowl a couple of strings on one of our vintage candlepin lanes. Challenge someone to a game of ping pong, foosball, or air hockey. It’s a family destination that can’t be beat!